

Camp Ekon Policies

Camper Supervision and Behaviour

Camp staff take great care to provide a physically safe and socially secure environment for youth. A team of five or six counselors work with cabin groups of a maximum size of 22-24. Campers are often grouped in smaller numbers for activities. Two staff, either in or in the immediate proximity of each of the cabins, supervise rest periods. Two staff of the same gender as the campers sleep in separate quarters inside the camper cabin to provide night time supervision. Two staff patrol the camper cabins every 20 minutes from the camper bedtime until the designated hut staff are in their sleeping quarters.

Campers in the Leaders Two program live in staff quarters and are given additional liberties appropriate to their age such as swimming and using watercraft without immediate supervision as long as they are accompanied by a buddy. They are expected to maintain their own schedule and observe a midnight curfew.

Campers are expected to observe safety regulations and behaviour guidelines at all times. Campers are asked to respond to minor infractions of camp rules by making an honest acknowledgement of misbehaviour, extending a sincere apology to an offended party and undertaking a constructive remedy. Disciplinary action is intended to provide an opportunity for positive personal growth focusing on the assumption of responsibility for the consequence of misbehaviour. Campers who reject the reasonable controls of the camp or present a hazard to themselves or others will be dismissed from the camp without refund at the discretion of the camp director.

CAMP EKON DOES NOT TOLERATE any form of bullying or intimidation. Campers who transgress this policy can expect to meet with the director and are subject to be dismissed without refund at the discretion of the camp director and prevented from registering at Camp Ekon in future years. Campers found to be in possession of alcohol, cigarettes, illegal substances, or other dangerous items, or who transgress sexual boundaries are subject to immediate dismissal without refund.

Water Safety Supervision Standards

- All camper swimming activities are supervised by at least two lifeguards holding a current National Lifesaving Society lifeguarding certificate. Lifeguards do not participate in programs and actively scan the water at all times.
- Permission is obtained from a lifeguard before campers enter a designated swim area.
- Campers and staff always use the buddy system when entering and leaving a designated swimming area.
- The camp has two designated swim areas: the waterfront and the ski dock.
- All campers will be swim-tested upon arrival. Green beads will be given out to those demonstrating sufficient ability to swim and tread water and red beads to those who will require lifejackets in deep water.

- If a hut is swimming at the ski dock, red bead swimmers must wear life jackets. All staff and campers must use life jackets while swimming at Little Chief, or any other area outside of the lined designated swimming areas.
- All persons in watercrafts must wear life jackets.
- Staff ensure that all water vessels are properly equipped before every use.
- Finally, safety on, in, and around the water is the highest priority at camp - be water safety smart!

Healthcare Policy

Parents are required to advise the Camp Director if a camper is exposed to an infectious disease within three weeks of arrival date. The parents/guardians of campers who have diabetes, asthma, seizure disorders, and life threatening or severe allergies are asked to complete additional protocol forms. Camp Ekon has an anaphylaxis policy. These forms will be mailed upon receipt of the camp medical forms and should be filled out and returned promptly. Asthmatic campers who require puffers are asked to bring two puffers to camp. Camp Ekon has a live-in registered nurse in attendance and a doctor on call.

In the event that a camper requires special medical treatment beyond that which is possible at camp, the parents will be notified as soon as possible. Each camper **MUST** be covered by Ontario Provincial Health Insurance or equivalent. Camp Ekon does not assume responsibility for the cost of prescription medications. Please call the winter office to discuss any diet restrictions or serious health concerns with the Camp Director before submitting the application. Upon arrival at the start of each camp session trained staff perform a lice check on every camper. Any camper found with lice will not be allowed to register for the session.

Camper Illness Policy and Protocol

- In the event of a camper falling ill, the counselor of the camper in question is to consult with the camp nurse and/or health care director to determine the appropriate plan of care.
- In the event of a minor illness/malady in which the camper remains in his/her cabin (migraine, stomach cramps, etc.), the Head Counselor and hut staff are responsible for supervising, tending to, and monitoring the symptoms of the camper in question.
- The Head Counselor and hut staff will maintain communication with the nurse and/or health care director and provide them with any updates regarding the camper's condition.
- If the nurse and/or health care director determine that the camper should move to the infirmary in the case of a more serious illness (vomiting, fever, etc.), the Head Counselor will coordinate the supervision of the camper with his or her hut staff.
- Supervision of ill campers in the infirmary will consist of ensuring the campers are probably hydrated and fed, ensuring they know where the bathrooms are, ensuring they know where to find staff if they need anything, and ensuring that a staff member is frequently checking up on them.
- Hut staff are required to wash the bedding and clothing of the ill camper if necessary.

- Hut staff are required to notify Directors of any camper moved to the infirmary.

Cancellation Policy

- All outstanding camp fees must be paid by May 1st or will be subject to a \$50 administration fee. If this is not possible, please call the office or email to make late payment arrangements.
- Each \$250 deposit is non-refundable. Prior to May 1st, refunds for cancellations are available, minus the \$250 deposit. **Cancellations made after May 1st are non-refundable.** Campers withdrawn in the course of a session are not entitled to a refund.
- There is no charge for cancelling **bus** transportation before June 1st. Bus cancellations after June 1st receive **no refund**.
- If you apply for a pending payment for May 1st, please be aware you are granting Camp Ekon permission to automatically withdraw that pending payment on that date.
- To reissue a tax receipt from Camp Ekon there is a \$25.00 administration fee.

Communication Policy

At Camp Ekon, we strive to provide a traditional camp environment free from the distractions of everyday life. This includes the use of all cell phones and electronics. At the start of the session, campers are to hand over their cellphones to their counselors for safekeeping in our office building.

Communication with your child may be done in one of two ways:

- Sending letters or parcels via “snail-mail” with your child’s name in the address line to:
Camp Ekon
RR #1 324 B/C Stanley House Rd.
Rosseau, ON
P0C 1J0
- Sending an email with your child’s name in the subject line to registration@ekon.ca . Directors will print the email and deliver to the camper.

Except in the case of emergencies and extenuating circumstances at the discretion of the camp Director, Camp Ekon does not allow campers to phone home, or for parents to phone the camp office and ask to speak with your child.

If you must check in on your child, please feel free to email registration@ekon.ca and a Director will check in with their Head Counselor and will provide you with an update. Please know that a Director will contact the parents of any camper in distress.

Inclusion Policy

Camp Ekon has no additional cost for campers with special needs. In order to provide the appropriate support we can to special needs campers, we do limit enrolment according to available staffing for the given session.

Camp Ekon is committed to providing a fully integrated camp experience for all campers. In conjunction with our philosophy of integration, we can also provide one-on-one supervision as required. Campers with special needs will be assigned a “liason” staff who is responsible for the smooth integration of the camper into day-to-day camp life, as well as to act as a point of contact for other members of staff.

Tuck & Candy Policy & Life Threatening Food Allergies

We do not operate a "tuck shop" at Camp Ekon nor allow campers to have personal supplies of candy for two main reasons:

- In order to avoid differences among campers (and therefore Campers do not need money while at camp)
- For the safety and health of the many campers and staff who attend our camp who have Life Threatening Food Allergies to peanuts and other nuts. Camp Ekon is a nut-free community.

We encourage parents to send up snack foods, candy, etc. as long as it is enough for the whole cabin (approx.. 25 people), and that it is 100% peanut free.